

# TOP TEN MOST FREQUENTLY ASKED QUESTIONS ABOUT ADULT DAY SERVICES

## 1. What do your services cost?

Social workers can link families with various funding sources throughout the community. A sliding fee scale based upon the participant's income enables each individual to access our services. **Please talk with the social worker about how we can help you access funding sources that can help cover some or all of the cost of adult day services. Our mission is to serve any client in need, regardless of ability to pay.**

## 2. Do you provide transportation?

Yes, we do provide door to door transportation to and from our centers. Again, please discuss your need for transportation with the social worker. **We are able to accommodate most requests, but we do have some geographical boundaries.**

## 3. How many days a week can a client attend the center?

We provide services Monday through Saturday. Each client has a schedule that best suits his and his family's needs. **Clients attend a minimum of two days a week. Some clients attend 6 days a week.** Our social workers can help you determine the schedule that will best meet your needs.

## 4. Do you assist people in the bathroom? What if someone is incontinent?

We have staff available to assist clients in the bathroom as needed. That assistance can range from reminders to use the bathroom to complete assistance in toileting. We do have clients who are incontinent. We take them to the bathroom frequently and change their incontinence pads as needed. **Our goal in personal care is to offer our clients whatever assistance they need while promoting independence where possible.**

## 5. What type of activities do you offer?

All of our programs offer a wide array of activities that are therapeutic and designed to meet our clients' functional levels. **Activities include exercise and sporting activities, music and entertainment, field trips, discussion groups, games, educational programs, gardening and cooking, arts and crafts, celebrations and special events.** We also offer special programs such as art, music and massage therapy.

**6. What type of nursing services do you offer?**

**All of our programs are staffed by a registered nurse.** Our nurses routinely provide health assessments, screenings for tuberculosis, blood sugar, blood pressure and weight, medication administration, emergency care, and health education. Our nurses can also provide all types of skilled services including tube feeding, breathing treatment, catheter care, dressings and suctioning.

**7. My father says he isn't interested in attending any "center". How do I get him to agree to try your program?**

This can be a challenge for some caregivers and it takes a strong commitment on the part of the caregiver to achieve success. While each person may require a different approach, there are a few tried and true approaches. **These include encouraging the participant to try the center for a specified amount of time. We usually set a 3-week trial period. Most clients are assimilated to the program by then. Secondly, highlight the social and productive aspects of attending the center. Finally, ask your family physician to "prescribe" adult day services.** Our social workers are available to discuss your situation and help you develop a plan that will meet your needs.

**8. What are the ages of the people who attend your center?**

The majority of our clients are 60 years and older. We have clients in their 90s. We also have a special program for younger adults called Transitions. The Transitions program serves adults from 21 to 50. The program is designed to meet the needs of the younger population.

**9. Can visitors come to the center?**

**We have an open door policy.** We encourage you to tour the center prior to starting the program. You can arrange a tour with the center social worker. Once a client is enrolled in the center, she can receive visitors during the day. It is helpful to inform staff of any potential visitors and the time they are expected so staff can make sure the client is not occupied or in an activity away from the center.

**10. How does someone enroll in your program?**

**One of our social workers will come to your home to share more information about the program and complete the necessary paperwork.** Please contact us so we can help you take the next steps to receiving the benefits of adult day services.